

# THE REC REPORT

WHERE PASSION MEETS PROFESSION

Ohio University Recreation Studies

November 2017



## OPRA 2017 CONFERENCE HIGHLIGHT

Back in February of this year, Annie Frisoli took 12 students with her to the annual Ohio Parks and Recreation Association Conference and Trade Show. This annual conference is held in Sandusky Ohio and features Parks and Recreational professionals from across Ohio. This conference showcases many different areas in the parks and recreation with workshops, networking events, and an exhibitor hall.

Prior to attending the conference, the students managed to fundraise enough money to help reduce costs and allow for all interested students from Ohio University to attend the conference. It's safe to say, Ohio University was well represented with the most students, compared to other universities that attended.

Many of the students who attended walked away with great insight on the profession. Kent Orr, a senior Recreation Management undergrad, commented on his experience "I walked away from OPRA with personal and direct professional advice, as well as an internship. Add in the fact that the speakers during workshops were high caliber in their delivery and content, plus the general amiability of all attending, and OPRA left me with an outstanding impact that made a real change in my career and professional goals". For him, the OPRA conference left a significant impact on his academic and professional career.

Graduate students from the program also assisted with fundraising and attended the conference. Anna Spittler, a graduate student in Recreation Studies, commented on how beneficial it was to attend a conference that provided enough diverse workshops and opportunities for students to gain, with their specific interest in the parks and recreation field. She also commented on the opportunities the conference staff provided specifically for students. "The conference staff plans specific meetings for students to acclimate them to the conference, as well as network with one another. Also, students are given a mentor that can assist them throughout the conference in many different ways - to eat lunch with, to review a resume, to walk the exhibit with, to introduce to appropriate people, to discuss future plans, etc."

The conference was both a professional and fun experience for the students. The 2018 OPRA Conference will be held January 28 through the 31 at the Kalahari Convention Center in Sandusky, Ohio. Students are all encouraged to participate in this opportunity and may even walk away with more than what was expected. Contact Annie Frisoli at [frisoli@ohio.edu](mailto:frisoli@ohio.edu) if interested in attending the 2018 OPRA conference.

Author: Carolann Stanley

## UPCOMING EVENTS

**Monday, November 6th from 4:45pm - 5:45pm - Tupper Hall (307)**

REC 6010 Lecture Series Presentation: Breaching Gender Boundaries of Tolerance & Competence: Increasing Gender Inclusion and Understanding in Leisure and Sport - Presented by Ms. Brittany Holloman

**Thursday, November 9th from 12:00pm - 12:30pm**

Webinar Series: Exploring USAJOBS. GOV: A Detailed Look in How to Apply for a Job and the Hiring Process of the US Government. Presented by Mr. Keaton Welch - To login to the webinar, go to: <https://zoom.us/j/257672875>

**Thursday, November 9th 6-9pm**

Office of Sustainability - Ecohouse Thanksgiving Dinner; all are welcome!!

**Monday, November 13th from 4:45pm - 5:45pm - Tupper Hall (307)**

REC 6010 Lecture Series Presentation - Universal Design: An Analysis of Current Accessibility Policies and Practices Presented by Mr. Troy Westerhof

**Monday, November 27th from 4:45pm - 5:45pm - Tupper Hall (307)**

REC 6010 Lecture Series Presentation: Traditional Climbing in Non-Traditional Environments - Presented by Mr. Cody Lennon



# STUDENT SPOTLIGHT



## *Elliot Remer*

Elliot is currently a junior studying Recreation Studies, specializing in Outdoor Recreation and Education. He is a third-generation Bobcat, who grew up visiting and admiring the beautiful OHIO campus. Along with focusing on his course work, Elliot has also been involved with the recreation program as an undergraduate teaching assistant for the Fundamentals of Rock Climbing course and the Wilderness Living Skills course offered by the Recreation

Studies program. He also currently works for Outdoor Pursuits as a supervisor at the climbing wall and as a trip leader. His favorite outdoor activities are rock climbing, backpacking, and cross-country skiing.

Elliot first became involved in the outdoor world when he started scouting in the first grade and then in high school realized he could turn what he loved doing as a personal passion into a career.

This past summer was Elliot's second summer working at Philmont Scout Ranch in New Mexico, where he spent three months as a head climbing instructor. During his time as head climbing instructor, he was able to develop his leadership skills and gain additional teaching experience. His favorite part of outdoor recreation and education is the education part, he likes teaching people about the outdoors, interpersonal skills, and technical skills.

When asked what Elliot likes best about the Recreation Studies program Elliot responded "The professors come to mind, the professors really enjoy what they are doing." He also mentioned that many of the classes are project based and they provide practical work experience.

Elliot plans on graduating in December of 2018. Prior to graduation, he plans on taking classes on campus in the spring, complete his internship in the summer with Philmont Scout Ranch, where he has been offered an assistant director position at one of their climbing camps, and complete his final fall semester by participating in a three month National Outdoor Leadership School (NOLS) outdoor educator course. After graduation Elliot wants to work seasonally for a few years either in camps or in an expeditionary format because "it would be a blast." He hopes to get a chance to explore the country before working towards a managerial role in the field.

*Author: Emma Fisher*

## UPCOMING EVENTS

**Monday, November 27th from 6:00pm - 7:00pm - Tupper Hall (307)**

REC 6010 Lecture Series  
Presentation: Adventure  
Programming: Ending the Lack of Resilience in Young Adults Presented by Ms. Theresa King

**Wednesday, November 29th from 12:00pm - 2:00pm**

Meet at Ping for our Inclusive Dance with EYH! All students are welcome - FREE Event!

**Wednesday, 29th November 6-8pm**

Sustainable gift giving - Contact the Office of Sustainability for more information

**Monday, December 4th from 4:45pm - 5:45pm Tupper Hall (307)**

REC 6010 Lecture Series Presentation: Saving Our Public Lands: How Service and Conservation Corps are the Answer Presented by Mr. Keaton Welch

## FACULTY HOSTS BI-ANNUAL PROFESSIONAL ADVISORY BOARD EVENT

What better way for our faculty to stay relevant in their teaching than to meet with powerhouse professionals in the field of recreation and sport. On Friday, October 6th both faculty from the Recreation and Sport Pedagogy Department and professionals in the field met to discuss strategies to deliver relevant curriculum, strengthen community connections, and ultimately provide the best learning environment for our students. The Recreation and Sport Pedagogy (RSP) Department at Ohio University recognizes the value and importance of involving external stakeholders from appropriate professions in the development, delivery, and promotion of its undergraduate and graduate programs. Professional Advisory Board members provide a critical link between educators, students, and practitioners in the field to achieve program quality and relevance. The Board and the faculty will meet again in the spring and plan on hosting panel discussions, in order to expose the students to some of the top industry leaders!!





## AORE 2017 CONFERENCE HIGHLIGHT

The 2017 Association of Outdoor Recreation and Education (AORE) Conference took place in Roanoke, Virginia. The annual AORE Conference provided an opportunity for professionals, academics, and students to come together as part of a national forum aimed at advancing the industry both in practice and research. Ohio University and the Patton College have made strong contributions in each of these endeavors. With many alumni of the Recreation Studies program serving as directors in campus recreation or directors of campus recreation outdoor programs, alumni of the Patton College have truly embodied what it means to be a change agent. In addition to celebrating the successes of alumni who have emerged as leaders in the

field, this year's conference also afforded an opportunity to highlight the research efforts of faculty, current graduate students, and recent graduates of the program. The 2017 AORE Research Symposium included 6 oral research presentations (out of 12 available slots) from faculty, students, and alumni. Patton Proud!!!

### **The Social Benefits of Urban Whitewater Parks**

Karl Schmidt, Bruce Martin, Andrew Szolosi, and Geoffrey Buckley

### **"Shred Time Bro" Investigating the Benefits of Mountain-Biking on Predicting Levels of Place Attachment**

Andrew Szolosi, Danny Twilley, Nina Adanin, Alex Hileman, Vicky Kent, Janie Welsh, and Bruce Martin

### **A Systematic Review of the Psychological, Sociological, and Educational Outcomes Associated with Participation in Wildland Recreation Activities.**

W. Hunter Holland, Robert B. Powell, Jennifer M. Thomsen, and Christopher A. Monz

### **Personality Type as a Predictor of Emotional Labor Among Active Travel Employees**

Liz Gauthier and Andrew Szolosi

### **Understanding the Factors Driving Adventure Educators' Use of Inclusive Practices**

Robert P. Warner, Andrew Szolosi, and Bruce Martin

### **Indoor vs. Outdoor Recreation: How Leisure Choice Influences Happiness in College Students**

Danny Twilley



## INCLUSIVE ARCHERY EVENT

The Inclusive Recreation course participated in an inclusive archery event on Saturday, October 21st at the Wayne National Forest in Pedro, Ohio. OHIO Recreation Studies students, along with participants from Expanding Your Horizons traveled to the accessible archery trail, which hosts 27 outdoor targets. Students and EYH participants were led by OU-Southern student, Jonathan Sites as part of his Independent Study with Annie Frisoli. Sites organized 26 participants, approximately eight volunteers from the Wayne, and even a chef to grill out for the group!! New archery skills were gained by all participants as they traveled along the trail meeting a variety of target challenges, and even our very own Athens campus student, Andrew Wild (seen in photo), was able to lead one of the groups with his already developed archery skills. Archery was a new inclusive event for the REC 2750 course, but an event that is here to stay!! As always, the Inclusive Recreation course will be hosting the bi-annual dance with Expanding Your Horizons on **Wednesday, November 29th from 12:00pm – 2:00pm in the Ping Center**, all are welcome to attend and see their old friends from EYH!!!



## Judd Walker

Judd Walker, Assistant Director of Outdoor Pursuits here at Ohio University, earned his bachelor's degree in Geography from the University of Florida. He then spent several years working in the outdoor industry before returning to school at Ohio University to earn his Master's in Recreation and Sport Science with a focus in Outdoor Recreation and Education.

During his undergraduate years, Judd spent his summers as a backpacking guide out West and after graduation he started year-round work with Outward Bound. After a few years in the industry, Judd realized a Master's degree would add to his career goals. Judd discovered Ohio University and the Recreation Studies program by chance while working

at Outward Bound, where one of his colleagues had attended OHIO and published a book with Dr. Bruce Martin, current Chair of the Recreation and Sport Pedagogy Department. While at Ohio University, Judd learned how to communicate the philosophy, theories, and ideas behind why outdoor education matters.

Judd's job as the Assistant Director of Outdoor Pursuits is great fit to what he saw himself doing, as he loves working with college students and the university setting. When asked about his favorite part of his job Judd stated, "Working with graduate and undergraduate students." He loves getting to know the students and mentor students as well as watching them grow into outdoor educators. Having the opportunity to engage in challenging growth-oriented conversations with the students is also very rewarding. The most challenging part of his job would be being tied to his office. Like most outdoor enthusiasts, Judd would prefer to be outside walking around and meeting with people.

Judd's advice to current students is, "Take advantage of building relationships with mentors at the University and...don't be afraid to visit faculty during their office hours." Another recommendation would be "it is important to buckle down and do well in class, along with developing a strong social network... and have a good time while you are here in Athens."

**Author: Emma Fisher**

## OFFICE OF SUSTAINABILITY

In 2007 then President Dr. Roderick McDavis announced Ohio University's goal to have carbon neutral campus by the year 2075. Our new President Dr. M. Duane Nellis also has a passion for making Ohio's campus more green, for example "Enhancing the University's national position as a leading edge laboratory for sustainability" is one of his ten strategic priorities. To further highlight his commitment to a more sustainable campus President Nellis included a "Campus Sustainability Celebration" as part of the activities scheduled for his inaugural week. By all accounts this event was a success, there were lawn games and even a smoothie bike. During the event Patton College highlighted its Leadership in Energy and Environmental Design (LEED) certification for McCracken Hall by presenting President Nellis with the first engraved Legacy Leaf. The leaf will be put on the Patton College Tree, located on the first floor of McCracken. For more information of the Office of Sustainability visit <https://www.ohio.edu/sustainability/>

**Author: Emma Fisher**

## SOCIAL MEDIA - CHECK US OUT!



Ohio University Recreation Studies Program



@OURecreationStudies



<https://ourecestudies.wixsite.com/recreation-studies>

# 6 GREAT CAREERS WITH A DEGREE IN RECREATION STUDIES



## 1. Event Manager

As an Event Manager you create and develop event projects such as festivals, adventure races, and other large-scale gatherings. Event Managers spend hours making sure concepts and details fall in line to create a spectacular event. And when you do this well, your event will resonate beautifully with attendees' memories (and, in the case of fundraisers, their wallets).

## 2. Outdoor Educator

As skilled leaders in outdoor and environmental education and recreation, Outdoor Educators range from university professors to professional guides with a variety of professions in between. With a passion for the outdoors

and appreciation for the wilderness, Outdoor Educators are leaders in their field.

## 3. Ecotourism

According to the International Ecotourism Society, Ecotourism can be defined as, "responsible travel to natural areas that conserves the environment and sustains the well-being of local people." Most ecotourism experiences are aimed at helping people to foster an appreciation of the environment, the conservation of wildlife, plants and resources, and respect and understanding of native peoples.



## 4. Campus Recreation Director

Campus recreation administrators direct and oversee the exercise, sports and other related activities for colleges or universities. Their responsibilities can include managing budgets, creating programs, overseeing employees and collaborating with students and school officials to promote involvement in campus activities. Campus recreation administrators must maintain current recreational programs and facilities and develop and implement new programs.

## 5. Recreation Center Director

Recreation directors oversee programs in public and private parks, sports facilities and community centers. If you enjoy making social, environmental, cultural, and/or economic impacts on individuals and communities, then this is a career for you.



## 6. Park Ranger

A park ranger is charged with protecting nature from people and people from nature. Park rangers strike a delicate balance between conservation and resourcefulness, so people can enjoy the splendor of nature without causing permanent damage to the animals and plants that call the wild their home. To do that, park rangers oversee camping, research, education, and other events that take place at their park throughout the year.

*Author: Carolann Stanley*

## Where to Buy Recreation Gear in Athens

When moving to a new town it is important to locate where to buy recreation equipment, that way when the time comes to either pick up a new hobby or replace over used equipment you know where to go.

### The Pedaler & The Packer

Located on Richland Ave. The Pedaler and The Packer seems to have a little bit of everything. In store you will find backpacking gear, bicycles, climbing equipment, scuba gear, and more. For more information visit <http://www.pedaler.com/>

### Ohio Valley Running Company

On Station St. you will find a store tailor made for runners. At Ohio Valley Running Company you can everything from the perfect pair of running shoes to injury prevention gear (and you might find Recreation Studies alumni and national running celebrity, Michael Owen assisting you with all your running needs. For more information visit: <http://www.ohiovalleyrunning.com/>

### Cycle Path Bicycles

For over 30 years Cycle Path Bicycles, on Union St., has been a proud member of the community. They sell all types of bicycles, accessories, and do repair. Their website also has information about bike equipment, laws, and safety as well as area maps. For more information visit: <http://www.athenscyclepath.com>

### Athens Bicycle

Stimson Ave. is home to Athens Bicycle. Owned by lifelong Athens residents and Ohio University graduates Peter Kotses and Meredith Erlewine, Athens Bicycle has a wide verity of bicycles and accessories. They also offer Bicycle repair and rental. On their website you will find events and local trail info. For more information visit: <http://www.athensbicycle.com/>

### Dunham's Sports

Dunham's Sports, on State St. sells a wide verity of sporting gear from Bowling to Boxing and everything in between. They also sell apparel, exercise equipment, and shoes. For more information visit <http://www.dunhamssports.com>

*Author: Emma Fisher*